

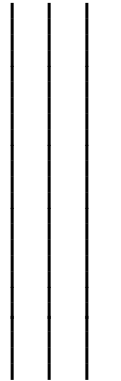
# Run for Open Hearts

*All proceeds from the 5-K Run for Open Hearts will go to the Open Heart Ministries.*

*Open Heart Ministries (OHM) began in 2007 as an outreach ministry of the Greater Clarksburg Parish of United Methodist Churches. Since its beginning it has become an ecumenical ministry comprised of the United Methodist Churches in the immediate Clarksburg-Bridgeport area, Centerbranch Assembly of God, All Saints Roman Catholic Church, Christ Episcopal Church, Abundant Life Church, Connecting Point Church, Horizons Church, Jewel City Church, St. Marks Lutheran Church, First Baptist Church of Shinnston and Seventh Day Baptist Church in Salem.*

*This ministry reaches out to low-income individuals and families providing a variety of services that include assistance with utilities, rent, as well as other types of assistance. Ministry staff work with the Department of Health & Human Services, Connecting Link, Inc., WV Community Action and the Salvation Army. At times, OHM is able to assist when these agencies cannot. Using Space and resources provided by the United Methodist Church and volunteers, they have been able to operate at an overhead of less than 2%.*

Stealey United Methodist Church  
521 Milford Street  
Clarksburg, WV 26301



## Fifth Annual 5-K Run for Open Hearts and One Mile Run



Open Heart Ministries  
A Cooperative Ministry  
Serving People in Harrison County

Serving our neighbors in need

**May 7, 2016**

**Start Time: 8:30 am**

**Brought to you by:**

**Stealey United Methodist Church  
521 Milford Street  
Clarksburg, WV 26301**

## Description of Course

The 5K Run begins in the parking lot closest to the pool and will be two loops around the scenic Mayor's Fitness Trail.

The one mile run begins on the Mayor's fitness trail and finishes in the parking lot by the Freedom Shelter

### Directions

#### From I-79

Take exit 119 towards Clarksburg (Route 50W). Travel on Route 50 West approximately 3 ¼ miles exiting onto Chestnut Street. Take a right hand turn at the first stop light onto West Pike Street (The Produce House on the right). Stay on West Pike Street until you pass McDonalds and Wendys on the left. Turn left onto Route 19 immediately after passing Wendys (watch for oncoming traffic). Stay on Route 19 until you get to the stop light with Sheetz on the right. Turn left at this stop light. Turn left into the parking lot just after you cross the bridge.

#### From Route 50

Travel on Route 50 toward Clarksburg. Exit onto Chestnut Street. Take a right hand turn at the first stop light onto West Pike Street (The Produce House on the right). Stay on West Pike Street until you pass McDonalds and Wendys on the left. Turn left onto Route 19 immediately after passing Wendys (watch for oncoming traffic). Stay on Route 19 until you get to the stop light with Sheetz on the right. Turn left at this stop light. Turn left into the parking lot just after you cross the bridge.

## Race Details

www.runforopenhearts.weebly.com

Location: Veteran's Memorial Park  
Mayor's Fitness Trail  
Clarksburg, West Virginia

Date: May 7, 2016  
Start Time: 8:30 am  
Registration: 7:00 am – 8:15 at the Freedom Shelter

5K Run Entry Fee:  
Before 4/16/2016 \$15  
On or After 4/16/2016 \$20

One Mile Race Entry Fee:  
Before 4/16/2016 \$10  
On or After 4/16/2016 \$12

Race Fee if registering for both:  
Before 4/16/2016 \$23  
On or After 4/16/2016 \$30

Two Divisions: Male and Female

#### Age Groups:

0-9, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

#### Awards:

Awards will be provided to the overall top three finishers (both divisions). Additionally, medals will be awarded to the top three finishers in each age group (both divisions).

You may register on line at RunSignUp.com

-or-

**Make Checks payable to and mail check and application to:**

**Stealey United Methodist Church  
521 Milford Street  
Clarksburg, WV 26301**

## 5-K Run for Open Hearts and One Mile Race Entry Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

E-Mail \_\_\_\_\_

Age as of Race Day \_\_\_\_ Gender M or F

Event/Events \_\_\_\_\_

Church Group \_\_\_\_\_

Amount enclosed with application: \$ \_\_\_\_\_

#### T-Shirt Size

Circle one: Small Medium Large X-Large XX-Large

#### Release Statement

In consideration of the acceptance of this entry, I waive any and all claims for damage, injury or illness which may result from my participation, or from the participation of the minor that I am signing for in the 5-K Run for Open Hearts. Any and all claims are waived for myself, heirs, and assigns. The sponsors, their agents or representatives, and/or property owners where the event is being held will assume no obligation for injuries or damages that may be incurred.

\_\_\_\_\_  
Signature of Runner

\_\_\_\_\_  
Signature of Parent or Guardian  
(If applicant is under 18 years of age)